Every society is judged by how it treats the less fortunate amongst them.

> A person's true wealth is good he or she does in the world.



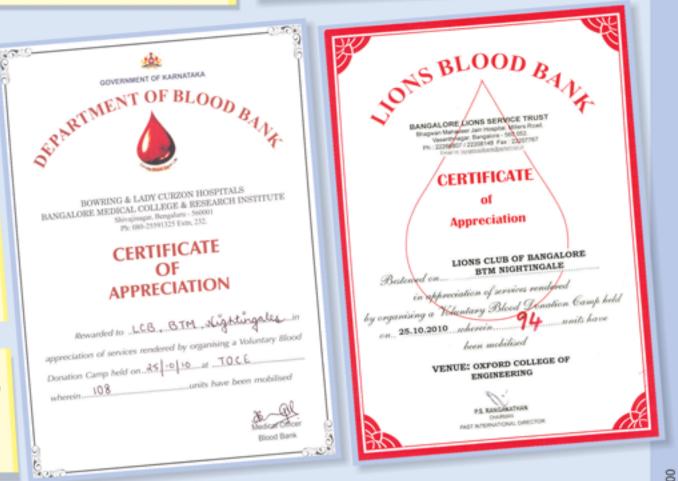
The unselfish effort to bring cheer to others will be the beginning of a happier life for ourselves.

Prayer is not a "spare wheel" that you pull out when in trouble, but it is a "steering wheel" that directs the right path throughout.

Success does not come by itselfit is wisdom put to practise.

The leader should always be humble.... How else does the sea become the queen of all rivers and streams? It is only by lying lower than the rivers and the streams.

> Happiness radiates like the fragrance of a flower and draws all good things towards itself



### Lions Club of Bangalore BTM Nightingales

Lion C. Chamundeshwari President

Lion Bhagyalakshmi Secretary

Lion Meera Keshav Treasurer

**Lions District Governor's** Knights of the Blind Certificate

Lions Club of B'lore BTM Nightingale

Knights of the Blind

NATIONAL INSTITUTE OF MENTAL HEALTH & NEURO SCIENCES

(DEEMED UNIVERSITY) BANGALORE - 560 029. TRANSFUSION MEDICINE CENTRE (BLOOD BANK) *Certificate* 

# Sathkruthi



District-324D6, Region 7, Zone1, Club No. 105165

2nd Quarter News Letter

Vol. 2

January 2011

## Helping Hands



Editorial .....

Dear Lions.

#### Greetings and good wishes to all of you.

The year 2011 is almost a month old. We have come to the end of six months of our second lionistic year. It is time to put before you the second issue of "Sathkruthi" to reflect the work done by our dedicated team in the last three months.

The thing about lionism is that you get a chance to learn, you find out you have ability to do things that you never thought you could. We have had our share of encouragements and disheartenings, we have learnt new lessons and new insights and continue to tread new roads with determination as new lions continue to join our force.

Helping others who are less fortunate helps us appreciate what we have.

"THE MIRACLE IS THIS—THE MORE WE SHARE, THE MORE WE GET."

Let us look forward to a wonderful 2011.

Long live lionism Ln. Sudha Reddy





President's Message.....

Dear Lions,

#### Happy new year to all of you

New year is a time to let go of the past and work towards new ways of thinking and living , in short, becoming a new and better you.

Most of the goals we set for ourselves at the beginning of the lionistic year have been achieved. We have set up a good library and started computer classes in our adopted Government School in Kormangala village. Our consistent efforts saw us receiving "Knights of blind" award. We are continuing with our livelihood generating and health projects.

Fellow Nightingales let us dream bigger and aim higher in 2011. Let us walk hand in hand to realise our vision. As we have seen amazing things can be achieved when we all work together.

"A few whole hearted , sincere , energetic women can do in a year more than what a mob can do in a century."

No matter how much our routine lives keeps us tied down, we can reach out and serve with our "helping hands".

I once again wish you all a new year filled with mental peace, good health and growth in all dimensions.

> Kegards, Ln. Chamundeshwari

#### Secretary report for the second quarter

At the outset I am proud to to tell you all that our club was presented the KNIGHT OF THE BLIND award by the International president Ln. Sid.L Scruggs for our efforts in eye screening program. Our club totally screened 35000 school children for sight problems.

#### Women empowerment

- (i) On 12th September, the day on which our club sponsored the new club, LCB Kudlu 4 sewing machines were given to women below poverty line as a part of our service .
- ii) Our club started free tailoring and embroidery classes to BPL women at Eijipura. Machines were donated for the programme.
- (iii) On 20.1.11 our club started bakery training classes in coordination with JSS at government school Kormangala.

#### Service to the physically challenged

- On the occasion of our international president Lnsid L. Scruggs visit to our district 324d6 mega service activity was conducted in which our Club donated 6 wheel chairs to the needy.
- 2. Our club gave Rs 3000 as scholarship to Kum. Megha a 10th std student for her 2nd term fees.

#### **Permanent projects**

- Our first permanent project-Maternity camp on every first Monday of the month is going on successfully with more patients getting benefitted. We thank the donors for their generous help.
- We started our second permanent project- adopting a government school. We have started computers classes and set up a good library. I thank our members for putting a lot of effort to make it a Model school.
- The third permanent project was started in Kormangala. Free Diabetic and cardio check up camp which will be conducted on every third Saturday of the month. 250 patients were benefitted in the first month.

#### **Health camps**

- (i) Our club had a twinning programmee with rural Club of Bangarpet on 10th October to conduct a eye camp.250 patients were screened and 25 were identified for cataract operation
- On the same day we had one more eye camp at Kysambali near K.G.F. which was jointly organised by Vemana charitable trust.450 patients were screened and 34 were identified for cataract operation.
- (iii) We started our DG 1-1 million eye screening programmee on 28th October. By 15th November

we screened 35684 children and 3300were found to have vision problems.

In collaboration with Dr. Agarwal eye Hospital the final screening of this 3300 children will be done and free spectacles will be given to the poor children.

- On 21st January we had speech and hearing screening by Dr. Chandrashekar for the children of government school at CRPF Quarters. 200 children were screened and 30 were sent for further investigation.
- On 27th November we had a general health check up camp at Chikka Tirupathi with the coordination of Honey well software logistic . 475 patients were treated and free medicines were given.

#### **Blood donation**

On 25th October we organised a blood donation camp at Oxford engineering college Bomanahalli. 274 units of blood was collected by KIDWAI, Lions Blood Bank, Lady Bowring and Curzon Hospital.

#### **Environment**

- (i) On 11/12/10 we planted 30 neem saplings at Harlur
- (ii) On the occasion of our VDGI ln Ramachandran's birthday we had a twinning service activity with lions club of Doddabalapur and lioness club of Dodaballapur. 50 saplings were planted at the Government college .5000 saplings will be planted by our club in a phased

#### Other activities

- Children's day was celebrated along with lions clubs of our district at Palace grounds.25 children sponsored by our club participated in the painting completion organised that day.
- (ii) Celebrated Kannada rajyothsava with lions club of Peenya and 27 other clubs at Vijayanagar club.
- (iii) I am happy to say that 11 new members were inducted into our club with a growth of 32%.
- (iv) On October 2nd on the occasion of Gandhi jayanthi we honoured Professor Ramaswamy a gandhain and a man behind cartman and an animal rights activist.

Thank you

Long Live Lionism Ln. Bhagvalakshmi

#### Snapshots



Donated Sewing Machines on sponsoring



Peace poster contest at Palace Grounds



Cardio & diabetic camp permanent project started at Koramangala VIII Block



Tailoring classes started at Eijipura



Eye camp at Kysambali KGF cheque of Rs. 5000/-donated to Vemana Trust for its Services



Health camp at Chikatirupalli with the



Donated Rs. 5000/- cheque to



Twinning eye camp at LC Bangarpet



Inauguration of eye screening for ch 35000 children were screened



Honoured a Prof. Rama Swamy of cartman on Oct. 2

Knights of Blind award from

International President Ln. L. Sid Scruggs





X Std. as scholarship for her 2nd term fee



At the region meet



After 6 months of hard work Members relaxing at a Resort